



We had a little fella that frequented the Pregnancy Help Centre for a few months with his new foster mom. It was her first newborn and she came in for support and care as she parented this wonderful little boy. He was in his early days, just born, and we watched him grow. He is a beautiful, happy, engaged baby.

Then one day, the foster mom was given notice that the baby would be moving to another city closer to his birthmother. On his last day at the Centre, the volunteers assembled around him with one of our clients, Karina (not her real name, of course), and we prayed for God's hand of protection on his life and his new foster home. There were tears of sadness as we said goodbye, but also a sense of hope for his life and what God would do!

Not long after, Karina asked for a pregnancy test. She had children already - that's why she was using our services. The test was positive. Her partner didn't want more children and she felt that she would be unable to care for another, especially if she had to do so on her own. She quickly decided that she would have an abortion. It is not unusual for women to automatically consider abortion when they discover a surprise pregnancy.

Karina reached out to let us know she couldn't parent another child. And then something wonderful happened. She came in for her regular visit and told us that she was reconsidering the abortion. She was so touched by the care she had seen for the little fella. He was very loved. It challenged her to consider placing the expectant baby into adoptive care. She believed, after having seen how well the foster mom had cared for the baby entrusted to her, that her baby could be loved and find a safe home too.

What joy in sadness! Someone had watched the foster parenting experience and decided that her baby could have a future! Please remember Karina - God knows - for courage, for strength, for hope. You never know who is watching and what God will do through you.

More information is available about foster parenting in Ontario here - www.ontario.ca/page/become-foster-parent There is a reported shortage of foster parents in Ontario according to this article from July of this year www.thetrillium.ca/news/social-services-and-society/child-welfare-agencies-say-shortage-of-foster-families-in-ontario-deeply-concerning-9200849 What a gift to give a child - a future and a safe and loving home!

Before I formed you in the womb I knew you, before you were born, I set you apart... Jer 1:5 (NIV)

Kathy Michel, MA
Exec Dir

Wonderfully Made was featured at our Friends of the PHC Dinner. If you were there, we had opportunity to celebrate the miracle of you.

This program is designed for children to be engaging, interactive and uplifting!

Maria would love to tell you about it
www.pregnancyhelp.ca/community-impact



If you are interested in partnering with this program, we would love to present it to your kids or Jr. High. Please contact us to schedule a time - phcoshawa@durham.net



*Friends of the
PHC Dinner
2024*

We had a great night on Nov 7th at the Ajax Convention Centre with more than 130 guests. Thanks for all your support and prayers.



Thank you to all of our supporters and church partners who donated gifts to fill our precious homemade tote bags for our clients. We appreciate your generosity.

It's beginning to look a lot like Christmas!



We are in need of a few specific items for clients at both our sites:
**formula, baby food, cereal,
size 4 and 5 diapers**

If you would be interested in volunteering in Oshawa or Ajax, our volunteer application forms are available online at www.pregnancyhelp.ca/giving. We would love to hear from you!

Board Members and Staff:

Doug Hill - Board Chair, 2013
Nerill Thomas-Wilkinson-Member, 2018
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Christian Naggar -Treasurer, 2023
Aria Zekveld -Member, 2023

Kathy Michel - Exec Director, 1997

Aileen Glover - Ajax Director, 2010
Prevention Coordinator

Maria Jimenez-Miller-
Oshawa Director, 2024

Pregnancy Help Centre of Durham

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Website: www.pregnancyhelp.ca
Email: phcentre@durham.net



To **donate online** in light of the mail strike, use the qr code for CanadaHelps or an etransfer can be made to phcfinances@worldline.ca.

Please include me on your biweekly prayer letter - email your request to phcentre@durham.net

We are on facebook. If you would like to follow us- www.facebook.com/profile.php?id=100063850005975