

# JOY to the WORLD

But the angel said to them, "Do not be afraid. I bring you good news of great joy that will be for all the people." Luke 2:11 (NIV)



Dec  
2025

Thank you for sharing your support and prayers with our clients and the ministry.  
Merry Christmas from the pregnancy help centre of durham.

Some of the children we have welcomed in 2025:

Elyas  
Janari  
Mona  
Abeoye  
Fareen  
Maza  
Joshua  
David  
Emmanuella  
Sana  
Zayaan  
Hamza  
Elena

Zemirah  
Emery  
Emerson  
Yahya  
Arielle  
Armaan  
Dawson  
Arisha  
O'Dacia  
Salem  
Zaynab  
Lilya  
Alexander

Ismahan  
Veronica  
Tobechuckwu  
Leo  
Michele  
Michelle  
Kawsar  
Violet  
Mumtaza  
Jennah  
Michael  
Emmanuel  
Ethan

Elyas  
Lloyd  
Stephen  
Esra  
Benjamin  
Aisha  
Asia  
Deva  
Mustafa  
Hallee  
Anabia  
Aylin  
Aara

Sopulu  
Shon John  
Abzaan  
Zariah  
Sana  
Yasara  
Sophia  
Zaniyah  
Chavik  
Jackson  
Elina  
Eleanor  
Thomas

## A Director's Reflections:

- 2025 has been quite a year. We have been struck by the noticeable changes in our communities including people living on the streets (and on our porch, at times). We have had more than a 50% increase in the number of visits to the Centres so far this year. Some days are so busy, it makes it difficult to connect.
- We are so thankful for our new volunteers - Julie, Dini, Anna. We have struggled with staffing when sickness or pregnancy or employment strikes. We really do need additional volunteers who can love unconditionally on people. You know, that could be you. We will train you. Think about it?
- March for Life was great - a way to celebrate and take a stand. If you've never been, the bus will be going up again next year on May 14th. Kids travel free,
- We have had opportunity to share our BOLD program in a number of Durham Region Public High Schools. We would love to present in the Catholic School Board -pray for opportunity. The Wonderfully Made program has been shared with over 300 children this year too.
- For our pray-ers, you have been such a source of encouragement. Thank you, Please continue to remember our clients over Christmas - many struggle.

*Thank you* to all of our supporters and church partners who donated gifts to fill our precious 150 homemade tote bags filled for a Christmas breakfast. We appreciate your generosity.

## Board Members and Staff:

Doug Hill - Board Chair, 2013  
Nerill Thomas-Wilkinson-Member, 2018  
Willa Navarro - Member, 2019  
Bob Miles - Treasurer, 2025  
Aria Zekveld - Member, 2023

Kathy Michel - Exec Director, 1997

Aileen Glover - Ajax Director, 2010  
Prevention Coordinator

Maria Jimenez-Miller-  
Oshawa Director, 2024

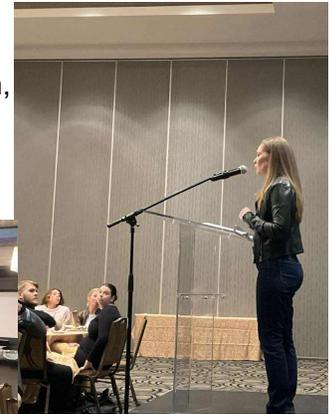
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SMS: 289-685-0768 (SMS or call)

Ajax site: 38 Hunt St.  
(Harwood & Hunt)  
Phone: 905-619-9878  
Email: [phcajax@durham.net](mailto:phcajax@durham.net)

Website: [www.pregnancyhelp.ca](http://www.pregnancyhelp.ca)  
Email: [phcentre@durham.net](mailto:phcentre@durham.net)

We had a great night on Nov 6th at the Ajax Convention Centre. Thanks for all your support and prayers. Laura Klassen, our friend from CHOICE42, shared her online ministry and her desire to share the truth about abortion unabashedly.



*Friends of the PHC  
Dinner  
2025*

With your help (and kindness) we raised more than \$30,000 for the work of the Pregnancy Help Centre of Durham. We are blessed. More pictures of the event are available here [www.pregnancyhelp.ca/giving](http://www.pregnancyhelp.ca/giving).

The tax receipts for this event have been mailed or emailed so, if you have not received yours, please give us a call at the Main Office. Thanks.

We are in need of a few specific items for clients at both our sites:  
**formula, baby food, cereal,  
size 4 and 5 diapers**



If you would be interested in volunteering in Oshawa or Ajax, our volunteer application forms are available online at [www.pregnancyhelp.ca/giving](http://www.pregnancyhelp.ca/giving). We would love to hear from you!



To **donate online**, use the qr code for CanadaHelps or an etransfer can be made to [phcfinances@worldline.ca](mailto:phcfinances@worldline.ca).

Please include me on your biweekly prayer letter - email your request to [phcentre@durham.net](mailto:phcentre@durham.net)

We are on facebook and instagram. It's a great way to see what's going on around here.