

It was a Friday. A very cold day, but it was an exciting day at the PHC because one of our Friday volunteers was getting married. We tend to celebrate marriage around here. As it was our first week back after the Christmas holiday, we didn't want to be closed. We creatively switched around our Monday and Friday volunteers so we were able to remain open.

While we were caring for our clients (who were excited to be back in the centre after the break) Jennifer walked in. She had looked us up online and came in for help. Specifically, she wanted an abortion. She had just discovered she was pregnant and she felt an urgency to take care of her problem. We have a lot of people who call in or come in for abortions.

We brought her to the intake room and barely got started in our interview when she realized that we would not be providing her with an abortion. The appointment did not last very long, but our volunteer shared a bit of her own story and suggested that there were other options that she may want to consider as she wouldn't want to have regrets in the future. Jennifer was pretty eager to leave and our volunteer continued on with her day, unsure of the outcome of that conversation. Our volunteers are trained to have the conversation, to share Jesus if they have opportunity and to maintain a gracious and prayerful attitude to all the people we meet.

About a week and a half later, on a Monday, Jennifer returned. She came to tell the person who had met with her that she had thought about their meeting and that she didn't want to have regrets in her life. She decided to not pursue an abortion. Of course, because it was a Monday, she was able to tell that volunteer directly, who had been filling in on that very first Friday.

What an encouragement and an answer to prayer! We don't always know the outcome, but what a happy and tear-filled day it was. God is good.

*"In the same way, I tell you, there is joy in the presence of the angels of God over one sinner who repents."*  
Luke 15:10

Kathy Michel, MA  
Exec Dir



## Join Us Thursday May 8

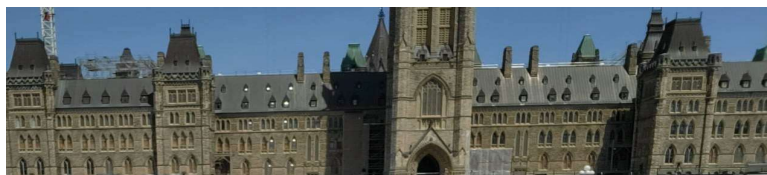


We will have a child's movie on the bus DVD on the way there and back. Plan for it.

## MARCH FOR LIFE 2025

We are sending a bus again this year and looking forward to a great day of celebrating life on Parliament Hill. We will be subsidizing the trip as we would love to encourage families and supervised groups of teens to join us. There will be no food provided, but we will be making a stop on the way there and another on the way home. The bus will be leaving the Sanctus Church parking lot at 6:30am sharp. It will be a great time. RSVP at [phcentre@durham.net](mailto:phcentre@durham.net) or call in to register the seats you will need.

**Come with us!**



### Board Members and Staff:

Doug Hill - Board Chair, 2013  
Nerill Thomas-Wilkinson-Member, 2018  
Willa Navarro - Member, 2019  
Christian Naggar - Treasurer, 2023  
Aria Zekveld - Member, 2023  
Robert Miles - Member 2025

Kathy Michel - Exec Director, 1997  
Maria  
Jimenez Miller - Oshawa Director, 2024  
Aileen Glover - Ajax Director, 2010  
Prevention Coordinator

### Pregnancy Help Centre of Durham

Main Office: 29 Drew St.  
Oshawa, ON L1H 4Z7  
Phone: 905-720-3252  
Fax: 905-720-3253  
Email: [phcoshawa@durham.net](mailto:phcoshawa@durham.net)  
SMS: 289-685-0768 (SMS or call)

Ajax site: 38 Hunt St.  
(Harwood & Hunt)

Phone: 905-619-9878  
Email: [phcajax@durham.net](mailto:phcajax@durham.net)

Website: [www.pregnancyhelp.ca](http://www.pregnancyhelp.ca)  
Email: [phcentre@durham.net](mailto:phcentre@durham.net)  
Instagram: [pregnancyhelpcentreofdurham](https://www.instagram.com/pregnancyhelpcentreofdurham)

**WONDERFULLY MADE** is designed for students in grades 4-8 and is designed to teach students some basic facts about fetal development.

This program is age-appropriate, engaging, interactive and uplifting!

Please contact Maria (905-720-3252/ [phcoshawa@durham.net](mailto:phcoshawa@durham.net)) for more information or to schedule a visit with your kids' class/group at your church or school.



### EASTER CELTIC-GOSPEL CONCERT



Saturday, April 26, 6:30pm  
St. Francis Centre, Ajax

To buy your tickets  
call 249-357-8305  
or follow the QR code



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Please include me on your biweekly prayer letter by emailing the request to [phcentre@durham.net](mailto:phcentre@durham.net)